

## MT. PISGAH MIDDLE SCHOOL CHEERLEADER TRYOUTS!

We are ready to proceed with tryouts for the 2021 school year!!!

Due to the COVID-19 outbreak, we are making some changes in order to follow adopted procedures and keep everyone as safe as possible. While we do not know what the future will hold for the athletic seasons, we will do our best to be prepared and encourage school spirit during this difficult time.

Tryouts will be held electronically as much as possible (via zoom). You or your parent MUST have an active email in order to participate. The tryout materials will be emailed out to all interested participants on June 12, 2020. You will have one week to learn the material, and send in the video via email of you performing the cheer, chant, dance, jumps and any additional skills you may want to show (Tumbling, splits, stunts etc).

### Video Requirements:

- Hair is pulled back out of face
- Small stud earrings ONLY (Please do not wear rings, necklaces, bracelets etc.)
- A white tank or t shirt
- Black shorts
- Tennis shoes
- Be sure to introduce yourself stating your name (first and last), and the grade you're going to
- Be creative/Show spirit
- Have fun

Physicals are Mandatory!! I advise you to go to your primary care physician to get your sports physical. Physicals must be on file and up to date in order to actively participate once the season has started.

Once the squad has been selected more information will be sent out regarding the parent meeting, cost, practices, code of conduct and much more. I can share that we will be keeping the uniform from last season and that practices will initially be via zoom until further notice. Self-accountability, parent support and motivation will be required more than ever this season.

If your child is planning to participate, please email your interest to [HUDSONJ2@SCSK12.ORG](mailto:HUDSONJ2@SCSK12.ORG) anytime between June 1<sup>st</sup>-June 10<sup>th</sup>.

I look forward to working with you this season! If you have questions regarding the tryout process, please be sure to email me I will respond at my earliest convenience and if a phone call is necessary we can make it happen!

With Pride,

Jalisa Hudson